

What's on in your community...

Know Your Community Expo

When: May 8th
10am to 2.00pm

Where: Basketball Courts, Flint St, East Bundaberg

Information Session for Seniors on Changes to Age Care-consumer Directed Care

When: 10th May
10.30am to 12.30 pm

Where: Bundaberg & District Neighborhood Centre, 111 Targo St, Bundaberg South

Child & Family Community Fun Day EXPO

When: Friday 15th May
9.00am to 12.00pm

Where: Basketball Courts, Flint St, East Bundaberg

Details and more events:

www.frasercoast.qld.gov.au
www.southburnett.qld.gov.au
bundabergregionevents.com.au



Help Us Meet the Challenge!

Epic European Cycling Trek

Neale and Vikki Glanfield are off on a fundraising adventure of a lifetime.

This courageous couple are Cycling approx. 6000km across Europe from Istanbul to Paris and have made the decision to do this as a fundraising venture for our Youthcare Homeless Youth Shelter in Hervey Bay.

The couple will be carrying everything they need on their bikes and camping in a tent for much of the journey, and it was the thought of this which inspired them to raise money for youth homelessness.

You can help by making a donation at the official Everyday Hero supporter page at: give.everydayhero.com/au/neale-2

You can also follow Neale and Vikki's adventure on their travel blog at: grumpydonkeyblog.wordpress.com



Neale & Vikki with Kieren from Youthcare (above) and their 6000km route through Europe (below).



An Update From the CEO

2015 is hurtling along at break neck speed, and it seems like it was just yesterday that I was wishing you all a Happy Christmas.

For RHL this year has been about building on the many changes we underwent in 2014 to ensure that we continue to provide a high quality service, and improve in the areas that matter to our tenants.

We are genuinely interested in increasing tenant participation and feedback, and are already planning events which will give RHL tenants an opportunity to become more involved in the RHL community.

This year will also see major improvements to our property management systems which will ultimately lead to better property conditions for tenants.

You might be interested to know that RHL (in partnership with the QLD Government) will

be constructing new disability housing in Bundaberg this year. While this may not impact you directly, these sorts of projects do contribute significantly to RHL's ability to provide the very best housing options for you and the community.

On a more direct note, we've seen a marked improvement in rent arrears over the past several months, and it is encouraging to see so many tenants getting on top of their rent payments and finding some stability! Remember that if you are having trouble paying your rent or debts, we do have additional services which may be able to help. Simply contact your Tenancy Manager for more information.

- Brett Hanna (Chief Executive Officer)





Chicken & Pumpkin Risotto

Ingredients:

- 3 teaspoons chicken stock powder
- 3 cups hot water
- 1 tblsp olive oil
- 1 small onion, finely chopped
- 250g chicken breast fillets, chopped into bite-sized pieces
- 1 cup Arborio rice
- 125g pumpkin, diced
- ½ cup grated parmesan or cheddar cheese

Method:

Dissolve the chicken stock powder in the hot water.

Heat the oil in a frying pan and sauté the onion on a medium heat for 1 minute, or until soft but not brown.

Add the chicken and sauté for 2 minutes, or until the meat changes colour.

Add the rice and sauté for 1 minute, or until the rice is coated in the oil.

Add the pumpkin and chicken stock, cover with a lid and bring to the boil. Lower heat and simmer, without lifting the lid, for 20-25 minutes, or until the liquid is absorbed and the rice is tender.

Stir the rice towards the end of the cooking process.

Stir in the grated cheese, season to taste and serve.

We want your feedback!

Let us know how we're doing via our website, by email or by phoning our office on 1300 642 123.

Stellar results for Bundaberg Home For Good

'Home For Good' is a community-driven campaign to help end homelessness in Queensland by building a register of people experiencing homelessness and coordinating community resources to house and support them.

Of approximately 100 surveys conducted during the October 2014 registry week, Bundaberg Home For Good has recorded positive housing outcomes for 63 individuals and families and multiple support referrals for 65 individuals and families.

This is a fantastic result for the Bundaberg community and one that RHL (as the lead Bundaberg agency) is proud to be a part of.



ABOVE: Chris Foley of Ozcare, Graeme White, of Regional Housing Ltd and Peter Mengede, from QCOSS meet to discuss Home For Good outcomes in the Bundaberg area.

Tenancy Fact



Routine Inspections:

We will need to inspect your premises at regular intervals. This is a routine part of renting a property and there are requirements about how much notice we must give you prior to an inspection, depending on the reason for the inspection.

During this inspection we look for:

- Safety concerns
- Unapproved Pets
- Unapproved Occupants
- Damage to the property
- Cleanliness of the property
- How the yards & gardens are maintained
- Rubbish

Silly Facts



- If you lift a Kangaroo's tail off the ground, it can't hop.
- A Crocodile can't poke out it's tongue.
- You cannot snore and dream at the same time..

60 and Over and Feeling Lonely?

'60 and Over Coffee and Chat' might be for you!

It's hard when you find yourself alone and all you want to do is meet some people and enjoy a bit of a chat.

Join in on a Thursday afternoon from 1.00pm for coffee and a chat. Make new friends and lose the loneliness, at the new Community Café:

When: Every Thursday afternoon from 1.00pm

Where: Take the Plunge Café
17 Electra Street, Bundaberg



Cream Scones

Ingredients:

- 2 cups self-raising flour
- 1 egg
- 1 tblsp icing sugar
- ½ cup cream
- 1/3 cup milk

Method:

Beat egg and sugar until creamy. Add cream and milk – mix. Add flour and mix to soft dough. Keep the mixture **very** moist and put plenty of flour on the bench and pat mixture out, then cut – but not right through. Use very hot oven – 12 mins.



Contacting RHL

Keep us informed. General Enquiries:

**1300 642 123 or
(07) 41531239**

Emergency After Hours Maintenance:

0412 699 087

email:

info@regionalhousing.org.au

website:

www.regionalhousing.org.au

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